



Green-Go Solar Project (San Juanico Pilot Program)

Packing List/General Information

Item	Comments
Surf	San Juanico generally receives long-period swells from the SSW to WNW, the size ranging from 1 to 7 feet. A series of world-class point breaks line the SW-facing inner bay and extend out towards the more exposed west-facing coast. These points produce a range of surf conditions, from gentle rollers that provide minute-long rides to more advanced, faster waves. The primary swell season begins in late April and extends into November, though good waves are possible at any time of year.
Wetsuits	We recommend you bring a 3mm wetsuit if your trip falls between October and July. We have a limited number of wetsuits to loan (inquire before your departure). Otherwise, a shorty or trunks are sufficient. San Juanico water temperatures range from the low 60s to high 70s. July to November normally brings the warmest water, though warm-water temperatures can extend into January. By February and into June, cold water prevails. The strong off-shore winds of fall, winter, and spring can create drastic changes in water temperatures at any given time.
Surfing Accessories	For surfing and exploring, consider booties for walking along the rocks and sand. San Juanico's beginner breaks are generally sand bottom, while the more advanced breaks require rocky entries. Green-Go has a selection of epoxy and custom fiber-glass longboards and "fish." Due to travel logistics, bringing your own board is not currently an option unless you plan to arrive in San Juanico on your own. We also provide other accessories such as wax, emergency board repair, and leashes.
Climate	Temperatures in San Juanico fluctuate greatly, depending on the season. Day time highs can climb into the 100s in summer and early fall, while the winter and spring months are cooler, with highs in the 70s and 80s, Night times are generally cool, with temperatures at times, dropping into the high 40s. Rain can occur any time of the year, but is generally confined to the warmer and more humid months of July to October.
Clothing	If your trips falls in the months of November through June, we strongly recommend you bring clothing for a wide range of temperatures. Rain protection is always a good idea, as it provides protection from the wind and, as mentioned, rain is possible at any time, including during your trip to San Juanico. A combination of casual and work clothes should be sufficient, including long pants, shorts, comfortable shoes, t-shirts, swimsuit(s), rash guard, sweater, and warm coat (winter).
Personal Items	Please bring all necessary personal items, including a towel, small container of anti-bacterial hand wash, medications, personal hygiene products (some bring moist towelettes), and a personal first-aid kit. Women should be sure to bring your own tampons, contraceptives, and other feminine hygiene products, as the availability of these items is limited or non-existent. Both men and women should be advised that sexually transmitted diseases are always a possibility and that condom use is always strongly encouraged.
Sleeping Items	You will need a sleeping bag. For the workshops in the months of Novmber to June, we recommended a bag rated to 40 degrees. For the warmer months of July to October, a lightweight bag is sufficient. You may also want to bring a small travel pillow.
Miscellaneous Items	Curriculum Packet (we will send you a PDF version to print), headlamp/extra batteries (necessary), plastic water bottle. Optional: laptop (we have internet on site), camera, spanish phrase book, iPod/mp3, reading material.
Packing Conserdations	Pack as lightly as possible. A good rule of thumb is that you should be able to transport your luggage without assistance.



Travel Information

Modes of Travel	Green-Go will provide a trip leader to guide you to San Juanico from a predetermined location in San Diego. Travel in both the U.S. and Mexico will be by public transportation (e.g., taxi, bus, airplane) and by private Green-Go vehicles. While every effort will be made to provide you with a comfortable trip, the reality of travel to such a remote location is that you are likely to experience some challenging travel conditions, including, at times, extreme temperatures, cramped traveling conditions, long travel distances, and rough roads.
Travel Documents	You will need a valid, up-to-date passport. We recommend you bring an additional form of government-issued identification (e.g., driver license), as well as copies of your passport and birth certificate that you should keep in a separate location.
The Reality about Safety and Travel in Baja, Mexico	Green-Go would like to assure you that travel in Baja, Mexico is as safe, and at times, even safer than travel in the United States. We are not suggesting that the U.S. Travel warnings for Mexico are unwarranted. Rather, we would like to remind you that Mexico is a very large and diverse country. The vast majority of drug-related violence is confined to Mainland Mexico and the border and has not been directed at tourists. We have even found traveling in daytime through central Tijuana to the airport to be more tourist-friendly and as safe as many large urban centers in the U.S. San Juanico itself is located in a remote location where everyone knows one another and there is a small-town tradition of "helping your neighbor." We will believe you will find the local Mexico population in Baja to be friendly and welcoming. Please contact us if you have specific questions about personal safety and any of our trips. We would be more than happy to address any concerns you may have.
Personal Safety Dangers and Annoyances	San Juanico is a very safe destination with no serious crime. Like any location in the world, petty crime is possible, our experience is that virtually none is directed at tourists, The greatest dangers to personal safety are the natural environment. Extreme heat, sun, and dehydration are real threats to a safe comfortable trip. Proper hydration and protection from the sun are critical. Additional threats include venomous snakes, scorpions, poisonous spiders, stingrays, and scorpionfish. Please advise us if you have had allergic reactions to any animals stings, bites, or instructions.
Surfing	Surfing presents a danger from cuts, bruises, and fractures from your board, rocks, the sand etc. In undertaking the volunteer experience, you are confirming that you accept responsibility for yourself in the surf conditions you decide to surf in.
Emergency Contact Information	Green-Go will have a satellite phone to receive and make international calls. In addition, we have satellite internet on site with the VoIP capacity. There are is also limited phone service in town. Before you depart on your trip, we send you all emergency contact information so that you may share it with friends and family members.



Health and Medical Information

Health Services	There is extremely limited health services in San Juanico. The nearest true medical services are 2 hours away and the nearest large hospital is over 4 hours away. We highly recommend some type of travel insurance that includes emergency air evacuation.
Health Information	You will need to send your Immunization and Medical Information to us at apply@green-go-solar-project.org , one week before the start of the trip. This will include your GP's name and contact details and a summary of any medication, and past and present medical issues.
Intestinal Illness	In general, there is a low threat of serious intestinal problems while traveling in Baja, Mexico. More common is "travelers diarrhea," which can often be prevented by special attention to sanitation, particularly frequent washing of hands (anti-bacterial hand wash is on the gear list).
Pre-existing Medical Condition	Ensure you remind the staff of any pre-existing medical conditions and allergies upon arrival.
Immunizations	You will need to CONSULT YOUR DOCTOR for advice on medications at least two weeks before departure. The following is a guide to help you to prepare. This summary of medical requirements for Mexico can be found at: http://www.mdtravelhealth.com/destinations/namerica/mexico.php
First Aid Kit	It is recommended you bring a small medical kit with which to manage small injuries and ailments.